# **âcimowasinahikanis** ϤՐ⅃Ϥ·۲α"ΔЬσ^



### AWAS'AK WIYASIWEWIN



Institute for the Advancement of Aboriginal Women

# Congratulations to our member recipients

18 Indigenous women will be honoured at the 28th annual Esquao Awards. And two of the recipients are from our Founding Nations. The Esquao Awards recognize the achievements and contributions of First Nations, Métis, and Inuit women from across Alberta and raise awareness about the challenges and obstacles they face. Since their inception in 1995, over 500 women from 93 communities have been honoured in what has become the single largest recognition event for Indigenous women in Canada. A big Congratulations to our members: Mona Ominayak Auger (Lubicon Lake Band #453) & Beverly Ward (Loon River First Nation). Your hard work and dedication haven't gone unnoticed. The impact you have made in your communities is improving the quality of life for our members today and in the years to come, and for that we thank you.

Tickets to the awards ceremony can be purchased online.

The ceremony will be in Edmonton on May 3rd, 2024

(Scan the QR Code for tickets).



## NEWS, IDEAS, AND INSIGHTS

- Program HighlightYouth Leadership
- Lubicon Youth Leadership Calendar
- Elders/ Committee update
- Prenatal workshop
- Prevention Calendar
- Contact us

Want to make a difference in someone's life? Become a care home today!



scan for more information!

# Program Highlight

# Youth Leadership and Life Skills (YLL)

Youth Leadership and Life Skills is a program under the Awasak Wiyasiwewin Law. The goal of the program is to help youth ages 12-26 build their knowledge and tool kit to help them transition into independence with confidence and more self-awareness. This will help them to navigate through the world with confidence. The program is in its early stages. We have our Coordinator Krista Auger, along with Mark Cardinal our Youth Leadership and Life Skills Associate, and our Youth Navigator in Lubicon - Lourdes Laboucan. Our Youth Navigators for Peerless and Trout will be starting this month. We are still looking for a youth navigator in LRFN.

#### MEET OUR TEAM!



#### Coordinator - Krista Auger

Krista Auger is a mother of 3, she enjoys spending time with her family. Her hobbies include reading, muay thai, and spending time outdoors. Krista has worked for KTC Child and Family Services since 2019, first as the Edmonton Prevention Worker, then on the law development team working towards creating the Awasak Wiyasiwewin Law and is now very excited to make the transition into the Youth Leadership and Life Skills Coordinator. Krista is from Lubicon Lake Band, she grew up in Slave Lake, Alberta but spent much of her time in Little Buffalo with her grandparents Adam Ominayak and Catherine Auger. Krista went to school in Edmonton obtaining her Social Work Diploma with the goal to work in the nations her families are from. Krista's prior experience working with Edmonton's inner city youth and other populations allowed her to see that there needs to be a collective effort in creating environments optimal for peoples healing spiritually, physically, mentally and emotionally. She hopes that the YLL program will give the youth the tools to move forward with their lives to be healthy in all 4 aspects of their beings. She's looking forward to working with the nations and community members to bring in programming that they feel they need.



#### Youth Leadership and Life Skills Associate - Mark Cardinal

Mark works closely with the Coordinator.

Mark was born and raised in Trout Lake Alberta which is a community to the southern side of Peerless Trout First Nation. He has a fair understanding of the Federal Act Bill - C 92 (Awasak Wiyasiwêwin) Mark has been a part of the progress since day 1 when they started the research and he was there when the Law was enacted. Mark loves the outdoors and his family. He enjoys weekend stays (sometimes longer) at his family cabin during the summer and fall of each year. A lot of hunting is done during this time but it's the family time that is most treasured.

Mark is still young, only 27 years old and enjoys outdoor activities such as fishing, hunting, boating and even just going for a walk. In this role his passion is to help our families and our children within our communities. To better serve our people and those who need it is of the utmost importance. To watch our babies grow and thrive to their full potential, preparing the next generation of leaders within our beloved First Nations.



#### Lubicon Youth Navigator - Lourdes Laboucan

Lourdes is the daughter of Shirley-Ann Noskiye and Jason Laboucan. She is a mother of 2 sons. Lourdes enjoys the sports wellness component of Youth, Leadership and Life Skills. Monthly calendars will be posted with her rec schedule being held at Lubicon Lake School, who has donated the space to YLL to host events in. Once the new office is open there will be leadership and life skills programming hosted regularly.

Lourdes.laboucan@ktccfs.ca

## YOUTH LEADERSHIP APRIL CALENDAR

## **The following Activities are for the Lubicon community members**

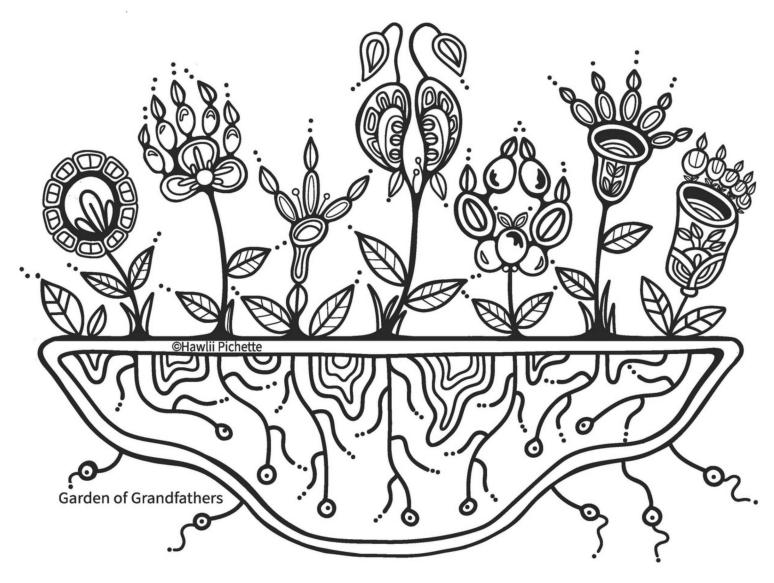
2024	Apr	April				
MONDAY	TUESDAY	WEDNESD				
01	02	03				

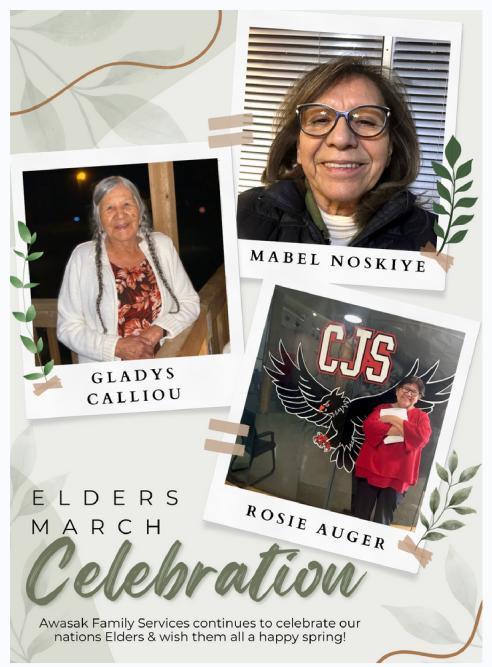
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
01	O2 Bean bag coed tournament 12+ LBS Entry \$100	O3 Volleyball Gymnight LBS 6pm-9pm 15+	04 Volleyball Gymnight LBS 6pm-9pm 15+	O5 Volleyball Gymnight LBS 6pm-9pm 15+	06	07		
08	O9 Soccer practice Ages 10-13 LBS 5pm-7pm	10 Pow wow dancing All Ages LBS 5pm-6pm	11	12	13	14		
15	16 Soccer practice Ages 10-13 LBS 5pm-7pm	17 Pow wow dancing All Ages LBS 5pm-6pm	18 Movie Night 'Indian Horse' 13+ LBS 5pm	19	20	21		
22	23 Soccer practice Ages 10-13 LBS 5pm-7pm	24 Pow wow dancing All Ages LBS 5pm-6pm	25	26	27	28		
29	30 Soccer practice Ages 10-13 LBS 5pm-7pm	01	02	03	04	05		
06	07	Notes:	Sebeel					





# Lrs. mâcisekwan (spring is starting) colour your own garden





Our community Elders have been busy with committee meetings for the month of March. We had our Elders' customary care group meeting on March 11th. Seven of the eight Elders were in attendance. Their participation and input are highly valued, and we greatly appreciate our members taking the time to attend meetings.

We have a new home repair committee that consists of 8 elders who were selected by each community. The selected Elders are as follows:

Rose Sawan Mike Ominayak Mable Noskiye Rose Auger Norman Gladue Daniel Noskiye Gilbert Cardinal Charlie Orr

The first home repair meeting was held on March 20th. More updates will be provided once the committee has had time to get situated in their roles.

There was also three Awasak Translation meetings held in March with Helen Starr. This initiative will be wrapped up at the End of the month. We appreciate the help and guidance of our Elders with the Cree translation of our Awasak Wiyasiwewin Law.

## Become a Foster Parent

We are looking for loving and caring homes who can provide permanency for children.

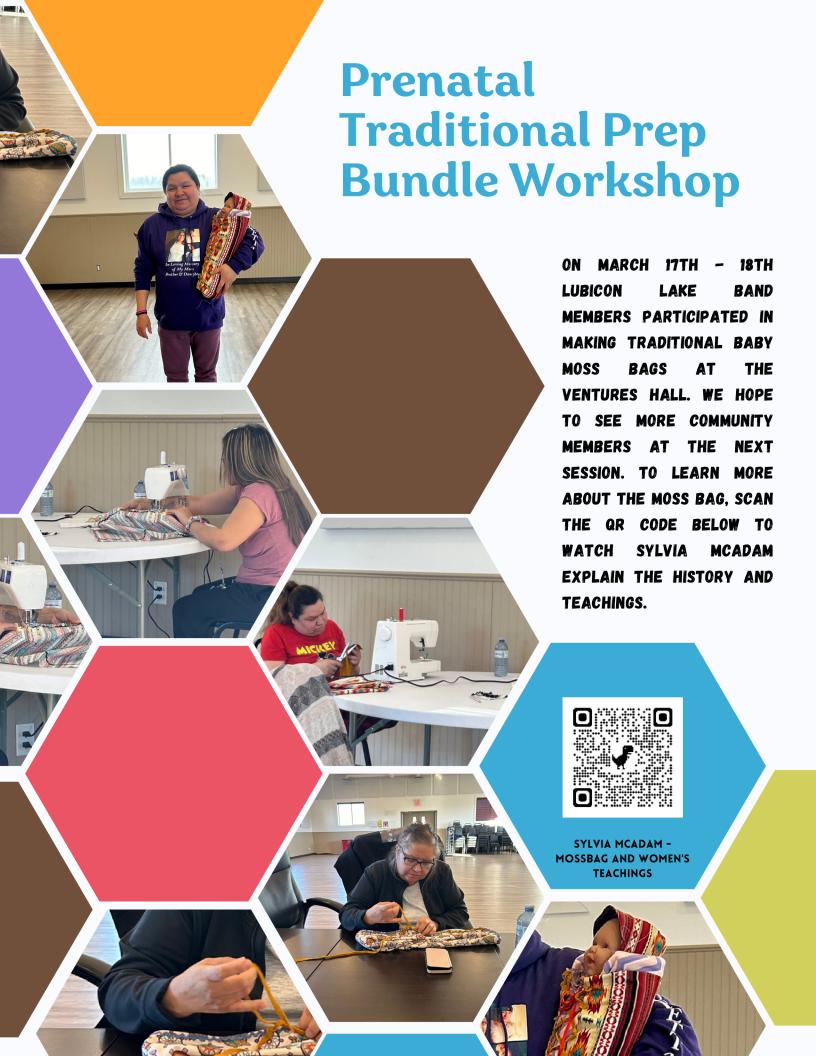
- Who can apply to be a Caregiver/Provider?
- Persons at least 18 years old, of any gender, preferably from the Founding First Nations (Loon River, Lubicon Lake Band and Peerless-Trout First Nation), and can be married, common law, single, divorced or widowed.
- Persons physically, emotionally and financially stable and able to provide for the safety and wellbeing of a child/children.
- Persons prepared to take training and attend support groups, as well as work with a team of professionals, including KTC Child & Family staff.
- Persons whose family and friends support their interest in welcoming a foster child into their home.

Contact Info:
Foster Care Supervisor
Loretta Alook:
Loretta.alook@ktccfs.ca
Or

Office: 780-767-2116 Cell: 780-261-0148



SCAN FOR MORE INFORMATION ON BECOMING A CARE HOME





#### April / ayikîpîsim



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Moss Bag by Lorraine 10am- 3pm Family Easter Egg Hunt 1pm to 4pm Family Easter Egg Hunt 1pm to 4pm	3 Ribbon Skirts by Pauline 5pm- 8:30pm Moss Bag by Lorraine 10am- 3pm Family Easter Egg Hunt 1pm to 4pm Family Easter Egg Hunt 1pm to 4pm	4 Ribbon Skirts by Pauline 5pm- 8:30pm	5	6 Ribbon Skirts by Pauline 10am-4pm
7 Ribbon Skirts by Pauline 10am-4pm	8 Moss Bag by Lorraine 10am- 3pm	9 Moss Bag by Lorraine 10am- 3pm	10 Every child Matters Youth Conference ages 15-17yrs	11 Every child Matters Youth Conference ages 15-17yrs	12 Every child Matters Youth Conference ages 15-17yrs	13 Every child Matters Youth Conference ages 15-17yrs
14 Every child Matters Youth Conference ages 15-17yrs	15 Elders tea & bannock 1pm to 3pm	16 Moss Bag by Lorraine 10am- 3pm Craft Night with Tina 5pm to 8pm Parenting by Lori Auger 5pm -8pm Anger Management 6:30pm to 8:30pm	17 Moss Bag by Lorraine 10am- 3pm Parenting by Lori Auger 5pm- 8pm Quillow Blankets by Pauline 10am- 3pm	18 Quillow Blankets by Pauline 10am- 3pm	19 Prenatal Traditional Prep Bundle 12pm- 6pm	20 Quillow Blankets by Pauline 10am- 3pm Prenatal Traditional Prep Bundle 12pm- 6pm
21 Quillow Blankets by Pauline 10am- 3pm	22 Soup & Bannock 12pm to 2pm	23 Craft Night with Tina 5pm to 8pm		25 Stay n Play Prenatal 1pm- 3:30pm Prenatal Traditional Prep Bundle 12pm- 6pm	26 Prenatal Traditional Prep Bundle 12pm- 6pm	27
28	29 Moss Bag by Lorraine 10am- 3pm	30 Moss Bag by Lorraine 10am- 3pm				

#### Locations for workshops are color coded:

Red-mihkwâw-Lubicon Blue-sîpihkwâw-Loon River Yellow-osâwâw-Trout Lake

Green-askihtakwâw-Peerless Lake Purple-ka apihtimihkwak-Edmonton Brown-kaskitew-osawaw-Peace River Please Note: when not color-coded, all event(s) or workshop(s) are for all locations. Locations and times may change for unforeseen circumstances, but everyone will be notified through posters, social media and other resources available if necessary. Thank you

All participants will be put into a draw that will be done at the end of each month for \$300 and will also be put into the main draw that will be done every 6 months for \$500. Everyone is welcome to sign up. We are excited and look forward to seeing you.





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## ONIKANEW: GLADYS OKEMOW

Email: gladys.okemow@onikanew.ca



SCAN THE QR CODE FOR A LIST OF PROGRAM STAFF AND THEIR CONTACT INFORMATION



OR VISIT OUR WEBSITE AT: WWW.KTCCFS.COM

1-844-6AWASAK / 1-844-629-2725

#### **Our Founding Nations**





Loon River First Nation

