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WS,

# NEWS, IDEAS, AND INSIGHTS

As we countdown the final weeks to the joyous holiday season, and the harsh winter air begins to surround us. We need to remember the importance of being prepared for the cold weather ahead. Let us take proactive steps to safeguard our homes. Here are a few things to consider:

- *Keep propane tanks free from snow and ice*
- *Insulate water lines, Ensure heat trace is installed and working*
- *It's always good to have heat lamps and tarps on hand*
- *as well as an extra electric heater*



If you need assistance , please reach out to your family and friends. Let us come together to ensure a warm and safe environment for all. Most importantly , let us cherish the holiday season with our loved ones, showering them with love, care, and support in every way possible. As we do so, let us also remember and pray for those who have experienced the loss of their dear ones, acknowledging that this time of year can be especially challenging.

I wish you a joyous Christmas and a prosperous New Year, may God bless you and keep you.

Sincerely,  
Gladys Okemow ~ Onikanew



- Provider Party
- Awasak Emergency line
- DEC. YLL Calendar
- DEC. Prevention Calendar
- JAN. YLL Calendar
- JAN. Prevention Calendar
- Lubicon Activities
- PTFN Activities
- Loon Activities

**Want to make a  
difference in someone's  
life? Become a care  
home today!**



*scan for more  
information*



# PROVIDER PARTY



Awasak hosted a Christmas party for their clients. The event was a heartwarming celebration, filled with laughter, joy, and a strong sense of community. Families and children gathered together, creating a festive atmosphere that was both welcoming and inclusive. The room was adorned with twinkling lights and colorful decorations, setting the perfect backdrop for the evening's festivities.

Volunteers and staff members mingled with the guests, ensuring that everyone felt at home and had someone to talk to. It was a time for building connections, sharing stories, and strengthening the bonds that form the foundation of the Awasak community.

The Christmas party was not just a celebration of the season, but also a testament to the love and care that Awasak extends to its families, reinforcing the importance of unity and support within the community.



THE AWASAK TEAM  
WISHES YOU ALL A  
SAFE & HAPPY HOLIDAY  
SEASON

PLEASE REMEMBER YOU CAN REACH  
OUR CRISIS TEAM BY CALLING US  
TOLL-FREE.

1-844-6AWASAK  
(1-844-629-2725)

## Become an Awasak Wiyasiwewin care Provider

We are looking for loving and caring homes who can provide permanency for children.

- Who can apply to be a Caregiver/Provider?
- Persons at least 18 years old, of any gender, preferably from the Founding First Nations (Loon River, Lubicon Lake Band and Peerless-Trout First Nation), and can be married, common law, single, divorced or widowed.
- Persons physically, emotionally and financially stable and able to provide for the safety and well-being of a child/children.
- Persons prepared to take training and attend support groups, as well as work with a team of professionals, including KTC Child & Family staff.
- Persons whose family and friends support their interest in welcoming a foster child into their home.

For more information  
please talk to the Foster  
Care Worker.



SCAN FOR MORE  
INFORMATION ON  
BECOMING A CARE  
HOME



# DECEMBER 2025

● LUBICON LAKE BAND #453

● LOON RIVER FIRST NATION

● TROUT - PEERLESS TROUT FIRST NATION

● PEERLESS - PEERLESS TROUT FIRST NATION



## Youth Leadership & Life Skills

SUN	MON	TUE	WED	THU	FRI	SAT
NOV-30	1 Scrapbooking 5 - 7pm	2 Christmas Cookie Workshop 5 - 8pm	3	4 12 Days of Christmas	5 Craft Night Drop-in 4 - 7pm 12 Days of Christmas	6 Christmas Gala w/Youth and Cultural
7 12 Days of Christmas Scrapbooking 5 - 7pm	8	9 12 Days of Christmas Day Youth Night Drop-in 4 - 6pm Ornament Making 5:30 - 7pm	10 12 Days of Christmas	11 12 Days of Christmas	12 12 Days of Christmas	13
14 Ginger Bread House Making 5 - 7pm 12 Days of Christmas	15	16 12 Days of Christmas	17 12 Days of Christmas Scrapbooking 5 - 7pm	18 Christmas Ornament Making 5 - 8pm 12 Days of Christmas Nintendo Switch Drop in 5 - 7pm	19 12 Days of Christmas Snow Globe Cup Making 5 - 8pm	20
21 Coloring and Photography Contest Deadline	22	23 Scrapbooking 5 - 7pm	24	25 Christmas	26	27
28 Sledding Day 3pm - 6pm	29	30 Together Before 2026 3 - 7pm Bingo w/Prevention	31 New Year's Eve Volleyball Tournament 12 - 9pm	1 Happy New Year	2	3

If no location is stated then programming is at awasak prevention building

### YLL TEAM MEMBERS CONTACT

**Krista Auger** - Coordinator  
587-725-1054  
krista.auger@ktccfs.ca

**Mark Cardinal** YLL Associate  
780-932-4120  
mark.cardinal@ktccfs.ca

**Hanna Houle** Peerless Navigator  
587-725-1196  
hanna.houle@ktccfs.ca

**Suzette Cardinal** Trout Navigator  
587-725-1201  
suzette.cardinal@ktccfs.ca

**Holly Laboucan** Lubicon Navigator  
780-291-0010  
holly.laboucan@ktccfs.ca

## DECEMBER- PREVENTION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Soup & Bannock 12pm - 2pm Soup & Bannock 12pm - 2pm Budgeting Workshop 2pm - 4pm	4 Soup & Bannock 12pm - 2pm Stay n Play 2:30pm - 4:30pm Craft & Cookie Prep	5	6 Self-Care 9am - 5pm
7 Self-Care 9am - 5pm	8 Ornament Making 5pm - 7pm Grief n Loss Workshop 5pm - 8pm	9 Gingerbread/Cookie Decorating 5pm - 7pm Grief n Loss 5pm - 8pm	10	11	12	13
14	15 Santa Visit/Pictures 4pm - 8pm Family Sliding 5pm - 8pm	16 Winter Carnival w/LR Anxiety & Depression 4:30pm - 7:30pm	17 Stay n Play 1pm - 3pm	18	19 Christmas Wreath Making 1pm - 4pm Family Skate 2pm - 4pm	20 Fun Family Sliding 4pm - 8pm
21 Family Scavenger Hunt 12pm - 8pm	22 Drop in Craft Night 12pm - 4pm Memorial Lantern 1pm - 4pm Baking with Tammy 1pm - 4pm Gingerbread House Making 2pm - 6pm Gingerbread House Making 3pm - 6pm Santa Visit/Xmas Décor 3pm - 7pm Ugly Sweater Making Contest 5:30pm - 8pm	23 Youth Christmas Supper w/LR Baking with Tammy 1pm - 4pm Story Telling w/Elder 3pm - 5pm	24 Movie night 1pm - 4pm	25	26	27 Family Wiener Roast 4pm - 7pm (PTTN)
28	29 Family Air Band - Xmas 12pm - 8pm Family Corn Hole 1pm - 5pm Movie Night 1pm - 4pm Mason Jar Craft night 1pm - 4pm Mason Jar Craft Night 5:30pm - 8pm	30 Family Snowman Making Contest 1pm - 3pm Family Bingo 4pm - 8pm	31 Christmas Coloring Contest 4pm		Jan 2nd Family Snowman Contest/Art 12pm - 8pm	

> All participants will be entered into the \$300 monthly draw and also the main \$500 draw done every 6 months.

> Locations and times may change for unforeseen circumstances, but everyone will be notified through posters, social media, and other resources available if necessary. Thank you.

> Everyone is welcome to sign up. We are excited and look forward to seeing you.

**When not color-coded, all event(s) or workshop(s) are for Lubicon, Peerless, Trout and Loon River.**

color-coded Locations for workshops:

Red - mihkwâw - Lubicon

Blue - sîpihkwâw - Loon River

Yellow - osâwâw - Trout Lake

Green - askihtakwâw - Peerless Lake

Purple - ka âpihtimihkwak - Edmonton

Brown - kaskitêw-osâwâw - Peace River

Pink - kokenewapikoneyak - Slave Lake



Check with your community prevention coordinator for additional details

call  
1-844-6AWASAK

Come and Join in our activities!

# JANUARY - 2026

● LUBICON LAKE BAND #453

● TROUT - PEERLESS TROUT FIRST NATION

● LOON RIVER FIRST NATION

● PEERLESS - PEERLESS TROUT FIRST NATION



## YOUTH LEADERSHIP & LIFE SKILLS

SUN	MON	TUE	WED	THU	FRI	SAT
				HAPPY <sup>1</sup> New Year	<sup>2</sup>	<sup>3</sup>
<sup>4</sup>	<sup>5</sup>	Scrapbooking to Heal 5pm - 7pm Scrapbooking + Journal Club 5pm - 7pm	<sup>7</sup> 2026 Bucket List Collage	<sup>8</sup> Smash Bro Mario Tournament 5pm	<sup>9</sup>	<sup>10</sup>
<sup>11</sup>	<sup>12</sup>	Scrapbooking to Heal 5pm - 7pm Cree Bingo 5pm - 8pm Scrapbooking + Journal Club 5pm - 7pm	<sup>14</sup>	<sup>15</sup> Minute to win it 5pm - 7pm Gratitude Garland 5pm - 7pm	<sup>16</sup>	<sup>17</sup>
<sup>18</sup>	<sup>19</sup>	Scrapbooking to Heal 5pm - 7pm Youth drop in 5pm - 7pm Scrapbooking + Journal Club 5pm - 7pm	<sup>21</sup> Fire Arms Course - All Day Bannock On a stick With an Elder	<sup>22</sup> Volleyball Drop in 18+ 6:30pm - 8:30pm	<sup>23</sup>	<sup>24</sup>
<sup>25</sup>	<sup>26</sup>	Scrapbooking to Heal 5pm - 7pm	<sup>28</sup> Movie Night 5pm	<sup>29</sup> Family Board Game Night 5pm - 7pm	<sup>30</sup>	<sup>31</sup>

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2026  
Happy New Year!

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## JANUARY- PREVENTION CALENDAR

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<sup>1</sup>	<sup>2</sup> Family Snowman making 12pm - 8pm	<sup>3</sup> Family Swimming 4pm - 6pm Budgeting 4pm - 6pm
<sup>4</sup>	<sup>5</sup>	<sup>6</sup> Grief n Loss 5pm - 8pm	<sup>7</sup> Soup & Bannock 12 - 2pm Soup & Bannock 12 - 2pm Soup & Bannock 12 - 2pm Paint Night 4:30 - 6:30pm	<sup>8</sup> Soup & Bannock 12 - 2pm Soup & Bannock 12 - 2pm Stay n Play 1pm - 3pm	<sup>9</sup>	<sup>10</sup>
<sup>11</sup>	<sup>12</sup> Anger Management 2:30pm - 4:30pm Memory Shadow Boxes 5pm - 7pm	<sup>13</sup> Stay n Play 1pm - 3pm Craft Night/Trauma info 5pm - 8pm Grief n Loss 5pm - 8pm	<sup>14</sup> Parenting Workshop 5pm - 9pm Pita Pizza Making 5pm - 8pm Anxiety & Depression 5:30pm - 7:30pm	<sup>15</sup> Family Craft Night 4pm - 7pm Parenting Workshop 5pm - 9pm	<sup>16</sup> Family Sliding 5:30pm - 7:30pm	<sup>17</sup>
<sup>18</sup>	<sup>19</sup> Online Housing Maintenance Course 10am - 4pm Stay n Play 1-3pm Memorial Lanterns 4:30pm - 7pm	<sup>20</sup> Online Housing Maintenance Course 10am - 4pm Baby Blankets 5pm - 8pm	<sup>21</sup> Online Housing Maintenance Course 10am - 4pm Baby Blankets 5pm - 8pm	<sup>22</sup> Online Housing Maintenance Course 10am - 4pm Online Housing Maintenance Course 10am - 4pm Online Housing Maintenance Course 10am - 4pm Stay n Play 1pm - 3pm Youth Bowling 4pm - 7pm Baby Scrapbooking 5 - 7pm Bingo night 5pm - 8pm Pita Pizza Making 5 - 8pm	<sup>23</sup> Online Housing Maintenance Course 10am - 4pm Online Housing Maintenance Course 10am - 4pm Family Scavenger Hunt 4pm - 8pm	<sup>24</sup>
<sup>25</sup>	<sup>26</sup> Online Housing Maintenance Course 10am - 4pm	<sup>27</sup> Online Housing Maintenance Course 10am - 4pm Stay n Play 1pm - 3pm	<sup>28</sup> Online Housing Maintenance Course 10am - 4pm Stay n Play 1pm - 3pm Stress & Anxiety/Candle making 5:30pm - 7:30pm Baby Blankets & Talking about Post Partum 6pm - 9pm	<sup>29</sup> Online Housing Maintenance Course 10am - 4pm Online Housing Maintenance Course 10am - 4pm Family Games Night 5pm - 7pm	<sup>30</sup> Online Housing Maintenance Course 10am - 4pm	<sup>31</sup>

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Come and Join in our  
activities!





The room was filled with laughter and creativity as everyone engaged in the hands-on projects. The mason jars, adorned with colorful beads and ribbons, became unique expressions of each participant's personality.

And the sensory session provided a wonderful opportunity for everyone to explore textures and scents, sparking joy and curiosity. These sessions offered a safe space for connection and shared experiences, strengthening the bonds within our community and leaving everyone eager for the next activity.





Participants immersed themselves in hands-on projects. this past Fall. activities such as the Cornhole board session was particularly popular, along with the cooking class, and lastly, the family scavenger hunt. Everything was well received by the community. The atmosphere with each session was filled with laughter and camaraderie as participants shared their experiences and newfound skills.

As the season came to a close, the community's enthusiasm and participation underscored the success of these events, paving the way for more engaging activities in the future.







Loon River members enjoyed an evening of selfcare with some well deserved haircuts. The gentle snipping of scissors and the hum of hairdryers created a comforting soundtrack, while mirrors reflected the smiles of satisfaction. Stylists worked their magic, transforming hair into stunning new looks that perfectly suited each individual's personality. The atmosphere was warm and inviting, a perfect blend of relaxation and rejuvenation. It was more than just an evening of haircuts; it was a celebration of community, where self-care and friendship intertwined in a delightful harmony. Thank you to our coordinator for bringing this much needed experience to the comfort of home.



**âcimowasinahikanis**

# ONIKANEW: GLADYS OKEMOW

Email:  
gladys.okemow@onikanew.ca



**SCAN THE QR CODE FOR A LIST OF PROGRAM STAFF AND THEIR CONTACT INFORMATION**



**OR VISIT OUR WEBSITE AT: [WWW.KTCCFS.COM](http://WWW.KTCCFS.COM)**

**1-844-6AWASAK / 1-844-629-2725**

## Our Founding Nations



## Lubicon Lake Band



## Loon River First Nation



## Peerless Trout First Nation