

NISKIPÍSIM ᑎᑦᑭᑦᑭᑦᑭᑦ (MARCH) 1ST, 2024

âcimowasinahikanis ᑭᑦᑭᑦᑭᑦᑭᑦ "ᑭᑦᑭᑦᑭᑦᑭᑦ"



AWAS'AK WIYASIWEWIN



Woman ᑭᑦᑭᑦᑭᑦᑭᑦ Iskwew

Welcome to the second Issue of the Awas'ak Family Service Newsletter - âcimowasinahikanis. In Honour of International Women's Day on March 8th. We are highlighting some of our programs that benefit women & Girls in our communities.

In February our prevention team hosted ribbon skirt-making sessions in our communities. The sessions were well-attended. Participants worked very hard on their skirts, and it shows. Our facilitator Pauline Auger shared the ribbon skirt teachings with our participants. (Continued on Page 2.) Be sure to check out our April activities on page 5!

NEWS, IDEAS, AND INSIGHTS

- International Women's Day
- Significance of the Ribbon Skirt
- Program Highlight:
 - Pre/Post Natal
- Become a Foster Parent
- Calendar
- Contact us

Want to make a difference in someone's life? Become a care home today!



scan for more information!

Significance of the Ribbon Skirt

We have been wearing ribbons on our skirts and leggings since the Early 1800's, when those same Grandmothers were living alongside their European fur-trapping husbands in forts that dotted the fur-trade routes and had access to expensive imports like calico and silk ribbons from overseas. The subsequent development of the Ribbon Skirt as we see it today has a much different role and cultural context, but there is no doubt whatsoever, that the Ribbon Skirt existed in a cultural and functional context, which has been one line of the evolution of the modern ribbon skirt today.

We wear our ribbon skirts long, to honour the belief that women's bodies are sacred and should be covered. Today we wear them to honour or identify as an indigenous woman. Our female allies wear them alongside us today in recognition and honour of our cultures.



Program Highlight

Prenatal and Early Intervention

We the Prenatal and Early Intervention team focus on parents-to-be and new parents. We work with them to access support from the resources available within the communities they reside in. When and if support is unattainable, we step in and help to close the gap.

New families must have all the support they need to elevate the stress and prevent any hardship. Continuous support is provided as needed and within reason so families can strengthen, and individuals are better able to develop into wonderful parents.

Some of the things we provide but are not limited to are as follows:

·Ongoing support for expected and new parents such as in-home supports

- Baby bundle start-up packages
- Paternal involvement, support for fathers to be there so all paperwork is completed by both parents
- Help with any other resources in the community
- Do in-home visits to follow up and see how everyone is doing
- We will have a weekly stay-n-play at each office

Sheena Gladue is the Prenatal and Early Intervention Coordinator for this program.



Become a Foster Parent

We are looking for loving and caring homes who can provide permanency for children.

- Who can apply to be a Caregiver/Provider?
- Persons at least 18 years old, of any gender, preferably from the Founding First Nations (Loon River, Lubicon Lake Band and Peerless-Trout First Nation), and can be married, common law, single, divorced or widowed.
- Persons physically, emotionally and financially stable and able to provide for the safety and well-being of a child/children.
- Persons prepared to take training and attend support groups, as well as work with a team of professionals, including KTC Child & Family staff.
- Persons whose family and friends support their interest in welcoming a foster child into their home.

Contact Info:

Foster Care Supervisor

Loretta Alook:

Loretta.alook@ktccfs.ca

Or

Office: 780-767-2116

Cell: 780-261-0148



SCAN FOR MORE INFORMATION ON BECOMING A CARE HOME

COLOUR ME!





ketchitaksowak kakiyaw awasesak

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Woodland Cree- Every child matters

COLOUR ME!

COMMUNITY Easter EGG HUNT

JOIN US AT OUR COMMUNITY OFFICES FOR AN
AFTERNOON OF FAMILY FUN!
ACTIVITIES WILL TAKE PLACE FROM 1 PM - 4 PM,
POSTERS WILL BE POSTED IN EACH COMMUNITY
AS A REMINDER, WE HOPE TO SEE YOU THERE!



APRIL
2



APRIL
3



APRIL
3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Elders Tea n Bannock 12pm-2pm Elders Tea n Bannock 12pm-2pm Elders Tea n Bannock 12pm-2pm	5 Craft Day 2-5pm (Teena Auger) Parenting 5pm-8pm (Lori Auger)	6 Parenting 5pm-8pm (Lori Auger) Throw Blanket Sewing (Pauline) 10am-3pm	7 Craft Night 5pm-8pm (Teena Auger) Stay n Play Prenatal 1-3pm Throw Blanket Sewing (Pauline) 10am-3pm	8	9 Anger Management 12-6pm
10	11 Craft Night 5pm-8pm (Teena Auger) Soup & Bannock 12-2pm	12 Stay n Play Prenatal 1pm-3pm Stay n Play Prenatal 1pm-3pm Stay n Play Prenatal 1pm-3pm	13 Craft Night 5pm-8pm (Teena Auger) Throw Blanket Sewing (Pauline) 10am-3pm	14 Stay n Play Prenatal 1pm-3pm Throw Blanket Sewing (Pauline) 10am-3pm	15 Stay & Play Prenatal 1pm-3pm	16
17 Prenatal Traditional Prep Bundle 12pm-6pm (Ruby Auger)	18 Parenting 5pm-8pm (Lori Auger) Prenatal Traditional Prep Bundle 12pm-6pm (Ruby Auger)	19 Parenting 5pm-8pm (Lori Auger)	20 Throw Blanket Sewing (Pauline) 10am – 3pm	21 Throw Blanket Sewing (Pauline) 10am – 3pm	22	23 Anger Management 12-6pm
24	25 Soup & Bannock 12pm-2pm	26	27 Throw Blanket Sewing (Pauline) 10am – 3pm	28 Throw Blanket Sewing (Pauline) 10am – 3pm	29	30
31	Community Easter Egg Hunt April 2nd PTFN April 3rd, Loon River & Lubicon 1pm to 4pm.				Join us at the Awas'ak Family Service Office in your community!	

Locations for workshops are color coded:

Red-mihkwâw-Lubicon

Blue-sîpikwâw-Loon River

Yellow-osâwâw-Trout Lake

Green-askihtakwâw-Peerless Lake

Please Note: when not color-coded, all event(s) or workshop(s) are for all locations. Locations and times may change for unforeseen circumstances, but everyone will be notified through posters, social media and other resources available if necessary. Thank you

All participants will be put into a draw that will be done at the end of each month for \$300 and will also be put into the main draw that will be done every 6 months for \$500. Everyone is welcome to sign up. We are excited and look forward to seeing you.

Community Easter Egg Hunt
April 2nd PTFN
April 3rd,
Loon River & Lubicon
1pm to 4pm.

Check with the prevention coordinator for additional details

call
1-844-6AWASAK

Come and Join in our activities!

SCAN THE QR CODE FOR OUR STAFF DIRECTORY



OR VISIT OUR WEBSITE AT:
WWW.KTCCFS.COM



GLADYS OKEMOW

Email:
gladys.okemow@onikanew.ca

Our Founding Nations



**Lubicon Lake
Band**



**Loon River First
Nation**



**Peerless Trout
First Nation**

1-844-6AWASAK / 1-844-629-2725